

	Monday			Tuesday		Wednesday			Thursday			Friday	Saturday	Sunday
5:00 AM 6:00 AM	Bootcamp - Conditioning 5:35-6:35am					Bootcamp - KB 5:35-6:35am								
7:00 AM	Before Care - 6:45-9:00am			Before Care - 6:45-9:00am		Before Care - 6:45-9:00am			Before Care - 6:45-9:00am			Before Care - 6: 45-9:00am		
8:00 AM														
9:00 AM	Bootcamp - Conditioning 9:30-10:30am					Bootcamp - KB 9:30-10:30am								
10:00 AM	Doctornia Conditioning 0.00-10.00din					500tcamp - N.5 3.50-10.50am								
11:00 AM														
12:00 PM													Open Mat - 12:	
1:00 PM													00-2:00pm	
2:00 PM														
3:00 PM	After Care - 2:30-6:00pm			After Care - 2:30-6:00pm		After Care - 2:30-6:00pm			After Care 2:30 6:00pm			After Care - 2:30-		
4:00 DM	After Care - 2:30-6:00pm			Aiter Gare - 2.30-0.00pm		Aitei Care - 2.30-6.00pm			After Care - 2:30-6:00pm			6:00pm		
4:00 PM														
5:00 PM	Youth Thai Jitsu BBC - 5-11 Years Old 5:00-	Youth Thai Jitsu - 5-8 Years Old 5:05- 5:50pm	Youth Thai Jitsu - 8-11 Years Old 4: 55-5:40pm	Youth Thai Jitsu - 5-8 Years Old 5: 05-5:50pm	Youth Thai Jitsu - 8-11 Years Old 4: 55-5:40pm	Youth Thai Jitsu BBC - 5-11 Years Old 5:00-	Youth Thai Jitsu - 5-8 Years Old 5: 05-5:50pm	Youth Thai Jitsu - 8-11 Years Old 4: 55-5:40pm	Youth Thai Jitsu - 5-8 Years Old 5: 05-5:50pm		Youth Thai Jitsu - 8-11 Years Old 4: 55-5:40pm	Youth Thai Jitsu BBC - 5-11 Years 000 5:00-		
	6:00pm  Youth Thai Jitsu		Bootcamp - KB 5:	Youth Thai Jitsu -		6:00pm  Youth Thai Jitsu		Bootcamp -		Youth Thai Jitsu -		6:00pm		
6:00 PM	- 5-8 Years Old 6:00-6:45pm		45-6:45pm		Bootcamp - KB 6: 00-7:00pm	- 5-8 Years Old 6:00-6:45pm		Conditioning 5:45- 6:45pm	Teen - Jiu Jitsu 6:00-7:00pm	8-11 Years Old 6: 00-6:45pm	Bootcamp - Conditioning 6: 00-7:00pm			
	Teen - KB 6:45-		Intro BJJ 6:45-7:			Intro BJJ 6:45-7:								
7:00 PM	7:45pm		45pm		Teen - KB 7:00-8: 00pm	45pm			Adult Jiu Jitsu -					
					ООРІП				CAP 7:00-8: 30pm					
8:00 PM			Adult Kickboxing - Intro 7:45-8:45pm	Adult Jiu Jitsu -		Adult Jiu Jitsu - CAP 7:45-9:								
	Adult Jiu Jitsu - CAP 8:00-9: 30pm		CAP 7:45-9:15pm	CAP 7:45-9:15pm	Intro 8:00-9:00pm CAP 8:00-9:30pm	15pm					Adult Kickboxing - Intro 8:15-9:15pm			
											CAP 8:15-9:45pm			
9:00 PM			Bootcamp - KB 9: 15-10:15pm					Bootcamp - Conditioning 9:15-						
10:00 PM								10:15pm						
10.001 101														
	Monday			Tuesday		Wednesday			Thursday			Friday	Saturday	Sunday